

Strathpine Little Athletics



Newsletter
3rd Edition – 10 September 2021

www.sla.org.au – email: secretary@sla.org.au
John Oxley Reserve, Murrumba Downs

UPDATE

As we go into week 3 of competition, we just want to thank all the families new and old for making our first 2 weeks so successful.

With such a large number of registered athletes (289) and a lot of trialists (approx. 80) it has been a very busy time for the committee and parent helpers alike but from all reports most are working together and showing patience which is fantastic!

Including this week there is 2 weeks left until we have a week off for school holidays but we are back on the last Friday (1 October) of the holidays.

The start of October will see Bel, our Registrar, busy "again" as we head into Regional Relays registration and nominations. Regional Relays are being held at our grounds (John Oxley Reserve) this year!

Don't forget to sign up to help out on Friday night.



Regional Relay forms will be available from this Friday – pop up to the shed and grab one if your athlete is keen to participate.

Don't forget to check in when you arrive using the QR check in code and social distance.

FAQs

Will competition still be on if it's raining?

- The events on offer at little athletics can be conducted in rain. However, if lightning is present some events will be cancelled (such as high jump, hurdles and javelin). We will cancel competition only in very strong weather conditions or if the grounds are closed. A call will not be made until **5:30pm** and we will notify everyone on our Facebook page at **5:30pm**.

How do I register my athlete to compete at outside events?

- You can register for most outside events through Results HQ. Once you have logged on just go to the 'NOMINATIONS' tab and find the relevant carnival, if it's open for registrations it will have a green button with 'Begin Nomination' just click on that and follow the instructions.



UPCOMING EVENTS

**Centre Captain Nomination forms due back:
Friday, 10 September**

**Gympie Twilight Carnival
Saturday, 11 September**

**LAQ Coles Spring Carnival, Bundaberg
(nominations close Monday, 13 September)
Saturday, 25 September**

**Training starts – John Oxley Reserve
Tuesday, 5 October**

**SLA Pentathlon Night – John Oxley Reserve
Friday, 15 October**

**Caboolture Little Athletics Carnival
Saturday, 16 October**

**LAQ Coles Summer Carnival, Nathan
(nominations close Monday, 13 September)
Saturday, 25 October**

**Regional Relays
Saturday, 6 November**

SPOTLIGHT ON AN ATHLETE

Name: Teikia Ryalls
Age group: U15 Girls

Teikia is another one of our quiet achievers. Teikia started with Strathpine Spitfires in 2018 so this will be her 4th season with us!

Teikia's favourite events are hurdles, javelin, high jump and 100m.

In the 2020/21 season she was awarded Most Improved and Age Champion for the U14 girls!

Teikia has started this athletics season with a bang by placing:

- 1st in 100m, 200m, 400m, long jump, triple jump, javelin and discus and
- 2nd in shot put

at her school sports carnival.

She also placed:

- 1st in javelin
- 2nd in high jump and
- 3rd in long jump

at the Pine Rivers Districts Carnival but unfortunately due to COVID did not get to go on to compete at Regionals.

Outside of athletics, Teikia enjoys spending time with her friends and family.

Her goal is to become a PE teacher and hopes to compete in the Olympics!

Another face to watch out for in Brisbane 2032 (if not before)!!!



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